





# Monitoring High Intensity Focused Ultrasound (HIFU) ablations in real time using interventional MRE

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# MRE at the ICube Laboratory



(Strasbourg, FRANCE)

#### **Interventional MRE**



Objective = Monitoring thermal ablations in real time [1]



#### **Biomechanical MRE**



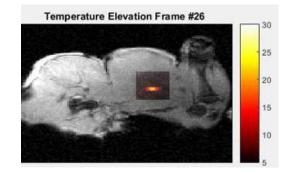
Objective = Quantitative, biomechanical characterization of soft tissues [2]





# Monitoring MR-guided interventional procedures

✓ Gold standard = MR Thermometry



#### An additional biomarker would be helpful

Assessing tissue structural properties in real-time during thermal ablations

#### A new biomarker based on mechanical properties

Measured by MR Elastography



#### **Interventional MRE**

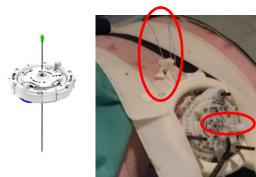
Provide radiologists with an elasticity map in real-time during the procedure

29/09/2017



## **IMRE**

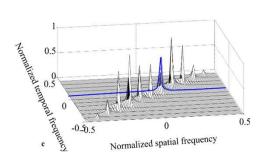
Monitoring percutaneous ablations (laser, RF, cryoablation)

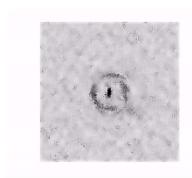


Corbin et al., MRM 2015

Corbin et al., ISMRM 2016

# K-space interventional MRE

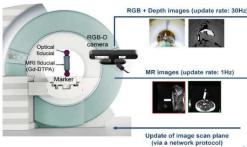


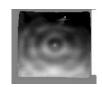


Corbin et al., Magn Reson Mat Phys Biol Med, 2016

*iMRE+ HIFU* 



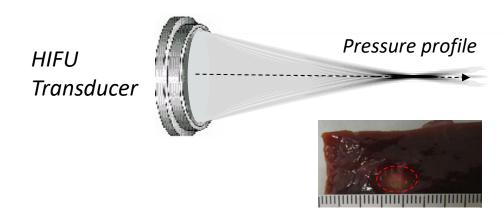








# **High Intensity Focused Ultrasound (HIFU) therapy**







- Gynecology (Uterine fibroids)
- Urology (Prostate cancer)
- Neurology (Essential tremor, Parkinson's disease)
- Oncology (Brain, liver, bone, breast ....)

- ✓ Non invasive
- ✓ Non ionizing
- ✓ Requires guidance by imaging

#### MR- guided HIFU

- Preoperative planning
- Monitoring in real time
- Post-operative assessment

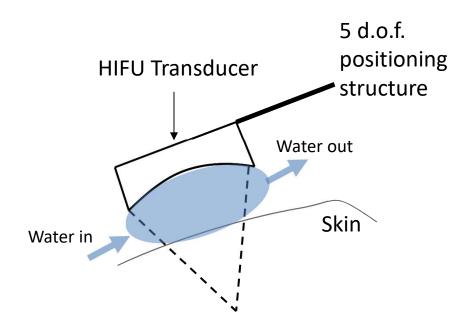


Objective: Using MRE to monitor HIFU therapy in real time

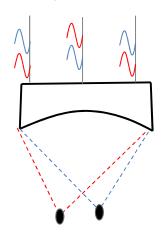
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#### Material and Methods



Electronic steering (256 elements, 1MHz)

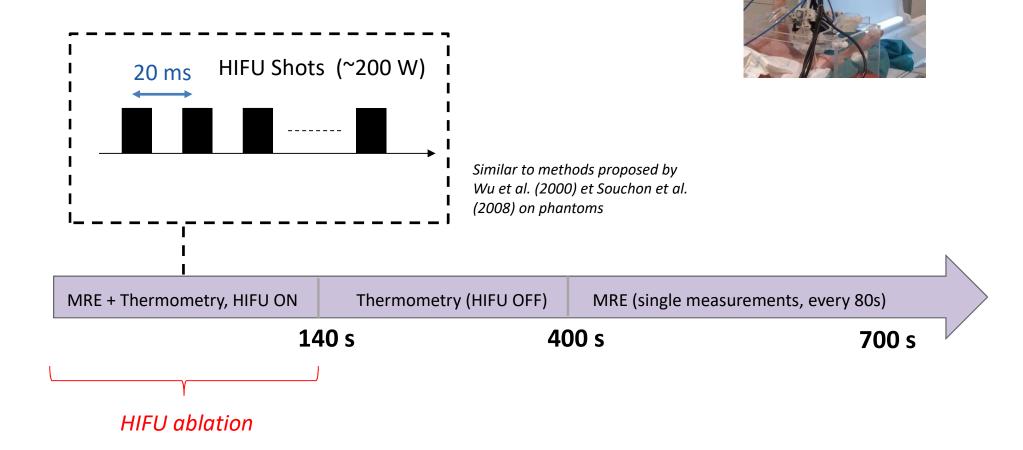


Transducer: Imasonic, France

HIFU system: Image Guided Therapy, France



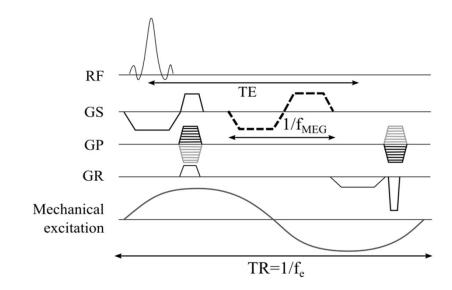
#### Material and Methods



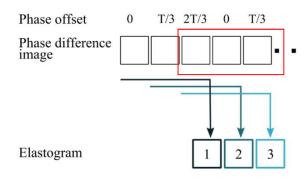
29/09/2017



#### Material and Methods



Spoiled, interactive GRE sequence 3 phase shifts Fractional encoding



Sliding Window

+Harmonic analysis

+LFE algorithm

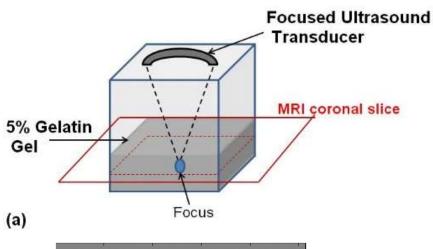
+Simultaneous

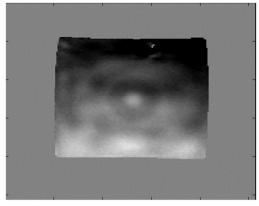
MRE+Thermometry (PRF)

~ 1 elastogram/2 s

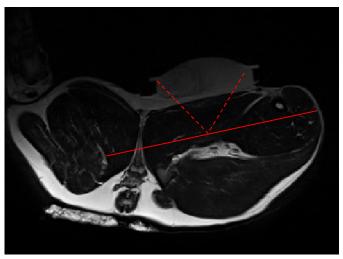


## Results on Phantom & In vivo Setup





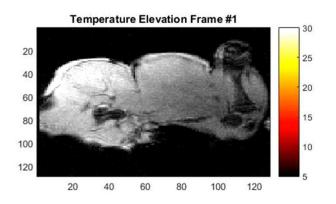


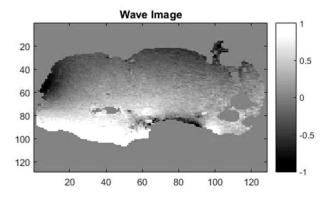


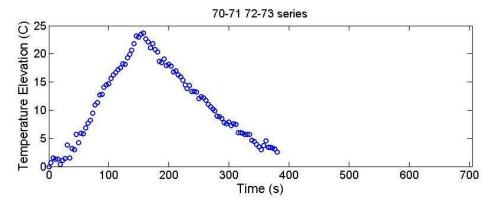
$$f_{exc} = 50 \text{ Hz}$$
;  $f_{msg} = 90 \text{ Hz}$ ;  $P_{max} = 220 \text{W}$ 

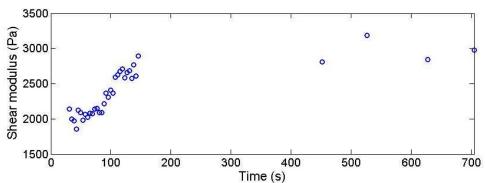


#### Results











#### **Conclusion**

- Use of HIFU for both wave generation and heating simultaneously
- Feasibility demonstrated in vivo on muscle tissue
- Elasticity: interesting biomarker for assessing structural damage during HIFU therapy
- Ongoing work: comparison with thermal dose & histology
- Ongoing work: ultrasound dosimetry for MRE without damage







#### THANK YOU FOR YOUR ATTENTION!



**Elodie Breton** 

Kisoo Kim

Afshin Gangi

Jonathan Vappou



Labex (ANR-11-LABX-0004)

